

Sunshine

For Barbara Gill

Thank you for bringing sunshine into my life.

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MUSIC: Theme From Sunshine (Casa Musica: Ballroom Fantasy, Track 1)
RHYTHM: Waltz Version: 1.0
PHASE: IV + 1 (Double Reverse Spin)
FOOTWORK: Opposite unless indicated [*W's footwork in square brackets*]
SEQUENCE: INTRODUCTION A B B INTERLUDE B (1-6) BRIDGE A B

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WEBSITE: www.rexl.org

Introduction

1 – 4 Wait; Wait; Man Pas De Bas (Woman Underarm Turn); Side, Draw to CP;

- 1 - 2 [Wait] Wait in Open Facing lead hands joined Man facing DLW for two measures; ;
3 [Man Pas De Bas (Woman Underarm Turn) (123)] Side L raising joined lead hands, RXib toes allowing Woman to turn under joined hands, recover L;
[W: Side R commence RF turn, forward L passing under joined lead hands then continue RF turn to face DLW, continue RF turn side R;]
4 [Side, Draw to CP (1--)] Side R, draw L to R blending to CP facing DLC;
[W: Turning to face Partner and DRW side L, draw R blending to CP;]

Part A

1 - 10 Open Telemark; Open Natural; Back, Back / Lock, Back; Open Impetus; Promenade Weave; ; Underturned Manuver; Outside Change to SCP; Chasse to Banjo; Manuver;

- 1 [Open Telemark (123)] Forward L rising commence LF turn, side and around partner R [*W: heel turn*] now backing LOD, continue LF turn side and forward L toward DLW left side leading turning to SCP;
[W: Back R toe to heel and nearly straighten legs leaving feet flat, close L without weight then turn on heel of R to face DLW then transfer weight to the flat of the L foot, continue LF turn step side and forward R towards DLW right side leading in SCP;]
2 [Open Natural (123)] Thru R commence RF turn, side L across partner and LOD, side and back R right side leading in Banjo backing LOD preparing to step back with partner outside;
[W: Thru L, forward R between partner's feet, forward L with left side leading in Banjo;]
3 [Back, Back / Lock, Back (12&3)] Back L down LOD in Banjo, back R / lock XLif, back R preparing for Banjo;
[W: Forward R in Banjo, forward L / lock XRib, forward L preparing for Banjo;]
4 [Open Impetus (123)] Back L in BANJO commence RF turn, close R heel turn to face DLC rising at end of turn, continue body turn and step side and forward L toward DLC left side leading in SCP;
[W: Forward R outside partner in BANJO commence RF turn, side and around partner L rising and brush R to L, continue RF turn side and forward R towards DLC right side leading turning to SCP;]
5 - 6 [Promenade Weave (123; 123)] Thru R, side and forward L towards DLC commencing LF turn and allowing W to pickup, turning LF side and back R down LOD with right side leading preparing to step back in BANJO; Back L down LOD outside partner in BANJO, back R blending to CP, turning LF side and forward L towards DLW in Banjo;
[W: Thru L, picking up to CP side and back R towards DLC rising brush L to R, side and forward L pointing LOD body facing DLW preparing to step forward outside partner in BANJO; Forward R in BANJO, blending to CP forward L rising, turning LF side and back L in Banjo;]
7 [Underturned Manuver (123)] Forward R in Banjo, side L turning to face DWR in CP, close R to L;
8 [Outside Change to SCP (123)] Back L, back R wide step, turning LF side and forward L toward DLW left side leading turning to SCP;

- 9 [Chasse (12&3)] Thru R, side L partner turning to face / close R, side and forward L towards DLW preparing to step forward in Banjo;
- 10 [Maneuver (123)] Forward R in Banjo, side L turning to face RLOD in CP, close R;

11 - 18 Spin Turn (7/8); Box Finish (DLW); Hover to SCP; Pickup, Side, Close; Drag Hesitation; Back, Back / Lock, Back; Open Impetus (LOD); Thru, Fan, Touch;

- 11 [Spin Turn (7/8) (123)] Back L pivot 3/8, forward R down LOD between partner's feet heel to toe and leaving L extended back, turning RF side and back L to end backing DLC;
[W: Forward R between partner's feet pivot 3/8, continue RF turn step back and slightly side across the LOD L rising brush R to L, turning RF side and forward R between partner's feet to end in CP facing DLC;]
- 12 [Box Finish (123)] Back R, side L turning LF to face DLW, close R to end in CP facing DLW;
- 13 [Hover to SCP (123)] Forward L, side and forward R rising, turning to SCP side and forward L toward DLC;
[W: Back R, side and back L rising and brush R to L, turning to SCP side and forward R in SCP;]
- 14 [Pickup, Side, Close (123)] Thru R, side and forward L towards DLC, turning body to face DLC close R;
- 15 [Drag Hesitation (12-)] Forward L commence LF turn no rise, side R continue LF turn to back LOD, draw L near R preparing to step back in Banjo;
- 16 [Back, Back / Lock, Back (12&3)] Repeat Action from Measure 3 of Part A.
- 17 [Open Impetus (LOD) (123)] Repeat the action from Measure 4 of Part A ending facing LOD.
- 18 [Thru, Fan, Touch (1- -)] Thru R blending to Butterfly facing LOD, fan L CW turning to face partner and WALL, touch L;
[W: Thru L blending to Butterfly, fan R CCS turning to face partner and COH, touch R;]

Part B

1 - 8 Solo Roll 3; Thru Twinkle to LOP; Syncopated Vine to RLOD; Thru, Open Right Lunge (Caress); Recover, -, Slip Pivot; Forward, Right Chasse; Open Impetus (LOD); Thru, Face, Close (Butterfly);

- 1 [Solo Roll 3 (123)] Forward L commencing LF turn to Open Position facing LOD, continue LF turn side R down LOD ball of foot then spiral LF 3/4 to face Partner and WALL, side and forward L toward LOD joining trail hands in Open Position facing nearly LOD;
[W: Forward R commencing RF turn to Open Position facing LOD, continue RF turn side L down LOD ball of foot then spiral 3/4 to face Partner and COH, side and forward R toward LOD joining trail hands in Open Position facing nearly LOD;]
- 2 [Twinkle Thru (123)] Thru R toward LOD, side L turning to face Partner and WALL, close R in LOP facing RLOD;
- 3 [Syncopated Vine (1&23)] Thru L / side R turning to face Partner and WALL and joining trail hands, Lxib *[W: Rxib]* and rising, side and forward R releasing trail hands to end in LOP facing RLOD;
- 4 [Open Right Lunge (Caress) (12-)] Thru L turing to face Partner and WALL, lowering in L knee lunge side and forward R toward DRW leaving L leg extended, bend R arm at elbow and raise upwards between you and Partner with palm down then over Woman's head and down to touch her L shoulder;
[W: Thru R turning to face Partner and COH, lowering into R knee lunge side and back L toward DRW extending L arm to side at shoulder height and hold as Man caresses, -;]
- 5 [Recover, -, Slip (1-3)] Recover L allowing R hand to trial along Woman's L upper arm, allow Woman to position her L arm as you place R hand on Woman's back blending to CP, slip R back to end in CP facing DLC;
[W: Recover R, swing L arm down and up between you and Partner with palm down then bending L arm at elbow slide your L arm over Man's R arm and blend to CP, forward L and slip pivot to end in CP backing DLC;]
- 6 [Forward, Right Chasse (12&3)] Forward L commence LF turn, side R toward LOD / close L, side and back R to end in Banjo backing DLW;
- 7 [Open Impetus (123)] Repeat the action from Measure 4 of Part A ending facing LOD.

- 8 **[Thru, Face Close (Butterfly) (123)]** Turning to full Open Position facing LOD thru R, side L to face partner and WALL, close L in Open Facing Position with Woman slightly in front;

Repeat Part B

Interlude

1 - 6 Shadow Cross Hover Twice to LOP facing RLOD; ; Thru Hover to SCP; Thru, Face, Close (CP); Whisk; Thru, Face, Close (Butterfly);

- 1 [Shadow Cross Hover (123)]
 2 [Shadow Cross Hover to LOP (123)]
 3 [Thru Hover to SCP (123)]
 4 [Thru, Face Close (CP) (123)] Thru R, side L to face partner and WALL, close L in CP;
 5 [Whisk (123)] Forward L, side R, XLib [W: XRib] small step in SCP facing LOD;
 6 [Thru, Face Close (Butterfly) (123)] Repeat the action from Measure 8 of Part B.

Repeat Part B Measures 1 – 6

Bridge

1 - 2 Hesitation Change; Double Reverse Spin (Full);

- 1 [Hesitation Change (12-)] Back L in Banjo commence RF turn, side R toward DLW, draw L to R end in CP facing DLC;
[W: Forward R in Banjo commence RF turn, side and back L across LOD, draw R near L to end in CP backing DLC;]
- 2 [Double Reverse Spin (Full) (12-)] Forward L towards DLC rising commence LF turn, side and around partner R [W: heel turn] now backing LOD, spin LF on ball of R lower at end of '3' in CP DLC;
[W: (123&) Back R toe to heel and nearly straighten legs leaving feet flat, close L without weight and turn on heel of R to face LOD then transfer weight to the flat of the L foot, continue LF turn side R toe pointing COH body tracking Man's turn / continue LF turn XLif toe heel;]

Repeat Part A

Repeat Part B

Repeat Interlude Measures 5 – 6 to end in CP facing DLW.

Ending

1 - 9 Change of Direction; Double Reverse Spin (3/4); Change of Direction; Double Reverse Spin (3/4); Whisk; Thru, Face, Close (CP); Change of Direction; Double Reverse Spin (3/4); Woman Drift Apart.

- 1 [Change of Direction (12-)] Forward L commence LF turn, side R, draw L near R to end in CP facing DLC;
- 2 [Double Reverse Spin (3/4) (12-)] Repeat the action from Measure 2 of the Bridge, turning 3/4 to end in CP facing DLW.
- 3 – 4 Repeat the action from Measures 1 and 2 of the Ending.
- 5 - 6 Repeat the action from Measures 5 – 6 of the Interlude ending in CP facing DLW.
- 7 – 8 Repeat the action from Measures 1 and 2 of the Ending.
- 9 [Woman Drift Apart (1)] Removing R hand from Woman's back transfer weight to L allowing Woman to drift apart to end in LOP-FCG Man facing DLW.
[W: Back R drifting apart to end facing Man.]